



Gulfview Heights Primary School R-6

Working together to reach new Heights

WELLBEING PLAN 2023

Vision Statement: GHPS provides a safe and supportive environment encouraging all school community members to achieve their potential as learners and citizens.

Goals

- Improve resilience with a focus on Gratitude, Empathy and Mindfulness (GEM) principles and GHPS values .
- Strengthen opportunities for authentic voice and leadership for all members of the school community.

Challenges of Practice

- If we enact positive beliefs and attitudes towards learning the GEM principles and school values, we will improve emotional wellbeing of all members of our school community.
- If we prioritise authentic community voice opportunities, we will create a strong culture of belonging and engagement.
- If we establish consistent, predictable routines & demonstrate unconditional positive regard we will support students' wellbeing and resilience.

Success Criteria

- All staff and students will articulate the GEM principles and school values, and enact these through daily interactions.
- All staff and students will identify their strengths, learning and personal goals and apply this to their daily practice.
- All staff and students will display a growth mindset when approaching learning, personal and social situations.
- All community members will participate in learning opportunities to develop their personal and professional growth.

Actions

Each staff member will:

- Implement The Resilience Project (TRP) curriculum on a regular weekly basis and model the GEM principles daily.
- Model and encourage the GHPS school values.
- Provide authentic student voice opportunities in regular class activities & curriculum delivery (eg. goal setting).
- Engage a range of formative assessment strategies to 'check-in' on student learning and wellbeing.
- Practice unconditional positive regard & implement staff agreement around Berry Street Education Model (BSEM) strategies eg. ready to learn plans, brain breaks, positive primers and morning routines.
- Practice triage conversations to support re-engagement

Leaders will:

- Identify what skills are required to enhance teacher knowledge of TRP and BSEM to meet learner wellbeing needs.
- Communicate a range of wellbeing initiatives to encourage community engagement.
- Provide ongoing wellbeing support to all members of the school community.
- Support staff to engage in restorative practices including triage conversations

Targets

- Increasing the annual percentage of year 3-6 students' positive responses across all domains of the Wellbeing and Engagement Collection (WEC) survey and The Resilient Youth Australia survey.
- Increasing the percentage of positive responses from staff and families through the annual Perspective survey (staff) and Parent Engagement survey.