



- Mon 18th-Wed 20th October
Yr 5 Woodhouse Camp/Yr 6
Wirraway Camp 2/Governing Council
Meeting 7:00pm
- Tuesday 19th October
SEHS STEM Challenge Yr7's
- **Monday 25th October**
Pupil Free Day/OSHC available
- Friday 29th October
Dusty Feet Mob Incursion/Day for
Daniel
- Tues 2nd-Wed 3rd November
Mrs Thames/Mrs P/Mr Bayaziti
Aldinga Camp
- Thursday 4th November
Transition Meeting with new parents
of Receptions in 2022 9:30-10:30am
- Wednesday 10th November
Open Morning for New Parents
9:30am/ 2022 Receptions Transition
morning 8:55am-11:00am
- **Thursday 11th November**
Remembrance Day
- Wednesday 17th November
2022 Reception Transition morning
8:55am-11:00am
- Wednesday 24th November
2022 Reception Transition morning
8:55am- 12:00am
- Monday 29th November
Governing Council Meeting 7:00pm
- Tuesday 30th November
Yr6 students GGHS Transition day
- Wednesday 1st December
2022 Reception Transition morning
8:55am- 12:00am /Yr6 students GGHS
Transition day
- Thursday 2nd December
Yr6 student SEHS Transition day /
Yr6/7 student PHHS Transition day /
Yr7 student GGHS Transition day
- Friday 3rd December
Yr7 SEHS Transition day/
Yr6/7 student PHHS Transition day/
Yr7 student GGHS Transition day
- Monday 6th December
School Crossing monitor training
2:00-2:45pm
- Thursday 9th December
Reports go home/whole school
transition
- Friday 10th December
Last day of Term 4 / Casual Day
2:10pm dismissal

Newsletter

Principal: Chris Zunis

Deputy Principal: Dani Samuel

Telephone: 8258 9959

Fax: 8281 5839

Email: dl.1201.info@schools.sa.edu.au

www.ggps.sa.edu.au

Thursday, 21st October 2021

From The Leadership Team

Issue 12

Welcome back to all staff, students and families. We hope you all had a restful and enjoyable holiday break. This term promises to be as exciting and as busy as ever with only 7 weeks to go until the Christmas break. Some activities planned for the rest of this term include Transition visits, SAPSASA events, Camps, Graduation and End of Year class celebrations just to name a few.

Class Placement for 2022

We have already begun our class placement exercise for 2022. We are requesting parents inform us in writing if your child will not be attending Gulfview Heights Primary School next year. This information assists us greatly in developing class structures which best accommodate the needs of all students.

The Principal, Personnel Advisory Committee, (PAC) and staff make decisions about class structures for the forthcoming year. Teachers work collaboratively to draft class lists taking into consideration the following factors when placing students:

- Friendship groups
- Social and Emotional maturity
- Gender balance
- Behaviour support needed
- Special abilities and learning needs
- Information provided by parents/ carers or relevant support personnel.

Decisions made are based on establishing balanced and equitable class groups that will potentially work well together and support the needs of all students.

All classes (regardless of straight year level or composite) comprise students of mixed learning abilities. It is possible your child will be placed in either a straight or composite year level grouping based on the reasons outlined.

Parents/carers and students will be informed of class placements before the end of the year. This is to support families in preparing their children for a smooth start to 2022. Students will visit their new classroom location and teacher (where possible) during a whole school Transition program to be held in the last week of school term. **Changes will only be made in exceptional circumstances where staff and/or parents provide additional information, previously unknown during this placement exercise.**

The number, structure and size of classes is determined by enrolment numbers. In some circumstances whereby we may experience an influx of enrolments over the holiday period or first few days back next year, there may need to be changes made to some classes. **For these reasons we need accurate information about the number of students attending in 2022 so we can plan cohesive class groups that work effectively and bring about minimal disruption to classes in the new year.**

How can Parents/Carers help with the Class Placement Exercise?

As we begin this class placement exercise we wish to obtain your thoughts about your child's possible class placement.

We will endeavour to meet as many of your requests as we possibly can, as long as we have this information prior to the allocation of students to classes. However, due to the complexity of the exercise and class compositions we may not be able to meet all your wishes.

Parents/carers are invited to provide relevant information about the special learning needs of their children for the class placement process by **Friday October 29th at the latest.** Parents/Carers can either write a letter addressed 'To the Principal' and marked 'Confidential' or send an email to Chris.Zunis17@schools.sa.edu.au. This information will be treated as confidential and considered in the final make up of class lists.

Please note the following:

- A separate letter is to be used for each child.
- We are unable to consider requests for particular teachers.
- Your child will be placed in either a straight year level or composite class dependant upon class structures.
- Changes will only be made in exceptional circumstances.

Thank you for assisting us with this class placement exercise.

Bushfire Season

Term 4 signals the beginning of bushfire season. We have an Emergency Management Plan (EMP) and Bushfire Response Plan in place due to our high risk rating. This is reviewed annually with updated information communicated via the newsletter.

The EMP encompasses a range of strategies, and responsibilities in preparation for bushfire season:

- A plan of action in the event of a fire on site or in the immediate vicinity to our school.
- School response to a 'Total Fire Ban day'.
- School response to a fire reported within the local district.

It is essential that all members of the school community are familiar with our Emergency Management Plan. Throughout terms 1 & 4 of each year information from our EMP will be

communicated via our newsletter & Skoolbag app as a reminder of our responsibilities in ensuring everyone's safety during Bushfire Season.

The following information indicates the action taken to-date as a school in preparing our site for Bushfire Season.

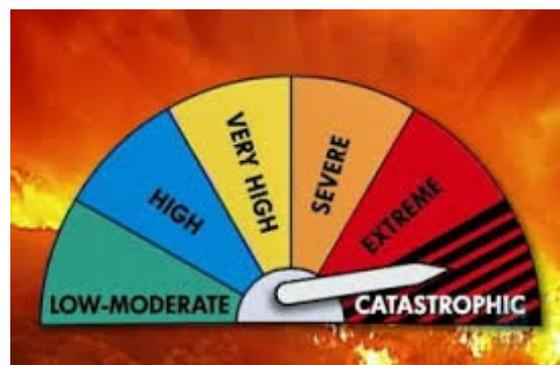
- An Emergency Response team has been established.
- Bushfire drills have been carried out by staff with students.
- All staff are familiar with our EMP and their responsibilities.
- Leadership & Administration staff have received training in Emergency & Management.
- Administration staff monitor ABC radio 891 AM for bushfire information.
- All trees have been trimmed and gutters cleaned.
- Timber and paintwork is well maintained.
- The gymnasium has been identified as our Bushfire Refuge Area in the event of a fire.
- A Bushfire Ready Kit of emergency supplies is kept.
- Student and staff medications have been listed and can be easily transported to the Bushfire Refuge area in the Gym.

Please familiarise yourself with this information and ask any questions if unsure of our EMP procedures outlined.

Please access our EMP and up-dated information by visiting our website www.ghps.sa.edu.au and follow the links: Key Documents/Bushfire Information.

In addition, 'Bushfires and Your Child's School: A Guide for Families' is a Department Bushfire management information brochure developed to provide advice and support to parents and carers on how to prepare for the fire danger season.

A hard copy of this brochure can be obtained through the front office or visit the Department website to download the brochure.



111 REASONS TO USE YOUR SCHOOL CROSSING.

Reason 1: Nearly one in every eight road deaths in South Australia is a pedestrian. In addition to fatalities there are on average just under 100 pedestrians seriously injured as well as many more who receive minor injuries each year.

Reason 2: Your child will learn about pedestrian safety by **watching you**, so use safe behaviour around cars, roads, footpaths and car parks. Always **stop, look, listen and think** before crossing a road, and use pedestrian crossings wherever possible. **Always** cross at the safest point, even if you have to walk further out of your way and if you're crossing at the lights, wait for the green man!

Reason 3: Queensland's Centre for Accident Research and Road Safety recently conducted an Australia-wide survey of parents focused on keeping kids safe around roads and cars. **They found until the age of NINE, children's perceptual and cognitive abilities are not sufficiently developed to enable them to make sound judgements when they are crossing roads.** Holding hands with your children is the best way to keep them safe around a school crossing.



Reason 4: The Australian Road Rules state if you are within 20 metres of a crossing (including a school crossing) you must use that crossing to walk from one side of the road to the other.

And the other 107 reasons? 107 is the number of dollars an expiation notice (fine) will cost you if you are detected breaching the above Australian Road Rule. So keep an eye out for any hazards and keep holding hands until you're all safely in the school yard or in the car.

This article has been prepared by A/Sgt Nigel ALLEN of the Road Safety Section, South Australia Police. If parents have any questions about school crossings please contact the Road Safety Section on the telephone number 82076586.



SOUTH AUSTRALIA POLICE
KEEPING SA SAFE



Government
of South Australia

Students not returning in 2022

Parents/Carers are requested to advise us of any students who will not be attending Gulfview Heights Primary School in 2022. Please inform us in writing as soon as possible. This information assists us greatly in developing class structures which best accommodate the needs of all students in 2022.

Volunteer Awards

Each year Governing Council work through a process of nominating a volunteer/s for our school's Annual Volunteer Service Award to be presented by Blair Boyer MP, State Member for Wright and Shadow Minister for Education, Training & Skills and Veterans' Affairs. Additionally, Governing Council also acknowledges volunteers 'Years of Service' and 'Outstanding Contributions' through their own awards. We invite all members of the school community to consider nominating one of our many volunteers for these awards. Please forward nominations in writing via the nominations box on the reception desk by **Friday November 12th at the latest** (nomination slips are available through the front office).

Nominations will need to identify reasons for nominating this person.

Categories for nominating persons may include:

- People who have contributed for a considerable length of time.
- People who have worked quietly behind the scenes in unseen ways.
- People who have worked with disabled or disadvantaged students.
- People who have been real innovators in starting activities.
- People who have made an outstanding contribution this year.

THANK YOU!

Medications for Camps/Excursions

If your child has medication administered at home which needs to continue throughout their camp it is important to contact the front office staff in advance to ensure all required information and medication agreements have been met. Some medication agreements must be completed by a health professional (i.e. doctor, specialist or dispensing pharmacist). All medications must be in their original prescribed packaging with the prescription label attached including name, dosage, medication descriptions etc. All signed forms and labelled medications must be provided to the front office in the week prior the event.

If the adequate information is not provided it will result in the child being unable to have the medication administered.

If you have any queries please email kylie.page977@schools.sa.du.au

YEAR 7 TO HIGH SCHOOL IN 2022



Parent Update Week 1, Term 4 – 2021

There's a lot to look forward to

From specialist learning facilities to new friendships and greater independence, there is a lot for our current year 6 and 7 students to look forward to when they start high school next year.

In 2020 we started welcoming year 7s to three public SA high schools as part of a pilot program, so we could learn from their experiences.

When surveyed early in Term 2 of that year, 91% of pilot students said they felt happy at their new schools, and 90% of parents said the high school experience had met or exceeded their expectations.

Below are some of the benefits you can expect from the year 7 to high school move in 2022.

Opportunities for learning

Our primary schools have been doing a wonderful job of teaching year 7s. But, under the Australian Curriculum, year 7 is designed to be taught in high school, with access to specialist facilities like science laboratories, kitchens and performing arts spaces.

Each high school is different, and the facilities and subjects offered sometimes vary, depending on the needs of their individual communities. Check with your school about the specialist facilities and subjects your child will get to experience in 2022.

Extra-curricular options

High schools generally offer a range of extra-curricular learning opportunities that students can choose to participate in. These may include sports, special programs, clubs and music groups.

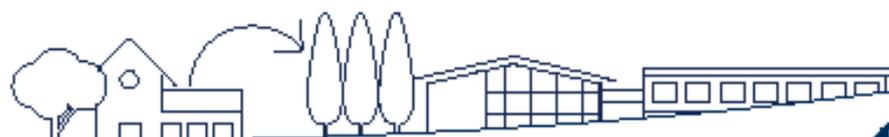
Check with your school to find out what extra-curricular learning it offers and talk to your child about getting involved.

Greater independence

Going to high school usually means moving between classrooms and learning different subjects from a range of specialist teachers.

More than 90% of pilot students interviewed said they liked using specialist learning areas and 89% said they liked having a range of teachers.

Several parents involved in the pilot told us they were proud of the independence and organisational skills their children gained in high school. Some of their comments are listed below.



Messages from Governing Council

Governing Council would like to acknowledge the amazing efforts of Miss Emily and her support team for bringing together another whole-school production, particularly amid the uncertainty around if / how the performance would proceed.

Whilst we are all still eagerly anticipating seeing this year's performance, it has been obvious from student and staff feedback alike that despite some initial disappointment around being unable to provide a live performance option this year, the students still enjoyed the experience of performing and having their performance captured on video.

The highly topical theme provided a conduit to help clarify government messaging around COVID and keeping safe in the community, and also helped students to focus on a lighter perspective of our current worldwide situation. We can't wait to see all our superstars perform via our DVD/USB or livestream options very soon!

We have also been super impressed with the way that classes are now adopting new waste sorting systems in line with feedback received from our Wipe Out Waste audit in Term 3. We thank parents/carers in anticipation of your support for the school-wide Nude Food Day initiative this term, and encourage families to look at their own waste reducing / sorting efforts at home too. Ideally, students may be able to implement their knowledge about waste separation / resource recovery from school learnings, but please reach out if families require any further information / resources to support this.

PLEASE KEEP OUR KIDS SAFE (& don't get fined!)

There has been an increase in the number of complaints and potential safety incidents concerning behaviour of road users around the school crossing and Drop-Off Zone.

Governing Council would like to remind parents/carers dropping off and collecting students that:

- Students should be dropped off at a safe space at a kerb (including the Drop-Off Zone) and not on the intersection or while waiting at the crossing.
- The 'Drop-Off' Zone is for stopping briefly to drop off / pick up students already waiting there - NOT a space to park and wait for longer periods.
- The crossing needs to be kept clear so the kids can see! As such, cars should not park or queue along the yellow line at either side of the Drop-Off Zone

An additional note regarding the Drop-Off Zone - this area is legally signed as a NO PARKING ZONE between the designated times. Police do monitor this area, and fines have been issued.

If everyone plays their part it will enable the zone to function as intended, help with traffic flow in this area and most importantly **KEEP OUR KIDS SAFE.**

Thank you for your assistance!

Introducing **Book Clubs LOOP** for Parents

LOOP is the **NEW** Scholastic Book Clubs
Linked Online Ordering & Payment platform for parents.
To order and pay for Scholastic Book Clubs by credit card visit:
www.scholastic.com.au/LOOP

Now available for your iPad or iPhone



A MESSAGE TO PARENTS AND CAREGIVERS FROM

Professor Nicola Spurrier,
Chief Public Health Officer



Dear parents and caregivers,

The COVID-19 pandemic has been a worrying time for all of us.

The Delta COVID-19 variant is twice as infectious as the original COVID-19 strain and there are now more cases in children and young people.

Vaccination is the best way to protect you, your family, and your friends from getting sick, and reduce the risk of outbreaks and school closures.

I encourage everyone aged 12 years and over in your household to get vaccinated against COVID-19 as soon as possible.

COVID-19 vaccines in Australia are safe and many millions of Australians are already protected.

The Australian Technical Advisory Group on Immunisation (ATAGI) has recommended both the Pfizer and Moderna COVID-19 vaccines for people aged 12 years and over in Australia.

Consent from a parent/caregiver for COVID-19 vaccination is required for anyone under the age of 16.

To find a location to get vaccinated and book, visit covidvaccine.sa.gov.au

SA Health has lots of information to help answer questions, including videos, fact sheets and a range of other resources. For more information, visit covidvaccine.sa.gov.au

Thank you for keeping South Australia COVID safe. Please join me in being a fully vaccinated family.

Yours sincerely

PROFESSOR NICOLA SPURRIER
Chief Public Health Officer
Health Regulation and Protection



Government of South Australia
SA Health

COVID VACCINE
SA HEALTH

Sustainability Snippet

Thank you parents/carers for participating in our first whole school Nude Food Day on Thursday 14th October!!

Areas where families and children got involved and packed a nude food lunchbox:

82% of students in the **early years**

76% of students in the **middle years**

68% of students in **upper primary years**

75% of students across the school packed a nude food lunchbox on Thursday 14th October!!

Wipe out Waste
www.wow.sa.gov.au

Consider your packaging options.



Non-recyclable plastic packaging is least preferred. Try using a reusable container (best option), paper bags (compostable), or alfoil (recyclable). Avoid plastic wrappers!

Wipe out Waste
www.wow.sa.gov.au

Buy in bulk to reduce the amount of packaging.

So-called 'convenience' foods with lots of packaging are not convenient for the environment, the extra packaging requires more resources and lightweight packaging easily becomes litter.



Nude Food Day on Thursday 14th October



Year 5-7 Festival of Music

Choir

On Friday 10th September 2021, twenty of our Year 5-7 choir students performed at the Adelaide Entertainment Centre with over 1300 students from schools across the state. The choir students representing our school were Donia, Janaki, Kalica, Maria, Bella Z, Matilda, Mikayla S, Acacia, Felicity C, Cailin, Isla, River, Destiny, Taj R, Josh Y, Chelsea D, Eleanor, Hannah, Metahlia and Tamer. Metahlia was also as a soloist for the song, Mayangan. The theme of the evening was “Stars in the Arena”, which celebrated 130 years of the Primary Schools Music Festival.

The Primary Schools Festival of Music is the custodian of an iconic South Australian tradition. It engages students in artistic excellence, cultural diversity and social inclusion through performance in Music and the Arts.

The concert ended with a magnificent sea of colour. It truly was a spectacular event that our students enjoyed being a part of.



Year 7 Camp

On the 6th to the 8th September the year 7s went on camp to Wirraway Homestead. They had so much fun with all the activities and amazing staff. They did horse riding where they learnt how to steer a horse, make it stop, make it go and make it trot. The year 7s also groomed the horses and learnt how to take care of them properly. They did a bush walk where they learnt first aid and about different plants in the wild. They learnt archery and how to load a bow and shoot it. They also did "an amazing race" where they were given clues that took them around Wirraway and gave them answers to questions.

The year 7s also went to an open space and had 40 minutes to build a shelter with materials around them. The instructor then filled up a bucket of water and threw it on the shelter with someone inside to test how water proof it was. Group by group they went to the sheep paddock and learnt how to herd sheep. They were given challenges and it was very difficult but fun. There was an obstacle course where they got in teams and were timed to see how fast they were.

At night they went on a night walk and had a bonfire. The staff put together small games such as guess the illusion, guess the celebrity and guess the company font. There was also horse shoe puzzle races at night to find the overall champion. During free time people could play ping pong, pool, foosball, mini golf, carpet bowls, soccer, football and more. There were also trampolines, pillows for pillow fighting, a slippery pole and a boulder wall. They were all disappointed when it was time to go home but also happy to be back.

Camryn and Riley



Preschool to School Transition 2022

At Gulfview Heights we create a place where all children feel safe, healthy and happy, and where they get the best chance to become confident and successful learners.

The transitions children make within and between educational settings (from preschool/kindy to school) are recognised as significant to the achievement of these goals. Successful experiences during transition impact on a child's positive sense of belonging, ongoing well being and continuity of learning.

For these reasons, we are supporting all children and families in the Salisbury cluster of schools by having the 'One Start, One Transition' program for all children starting preschool and school in 2022.

Individual preschools and schools will have transition visits on the same day, at the same time. These dates and times are

- **Wednesday November 10th 8.50-Recess**
- **Wednesday November 17th 8.50-Recess**
- **Wednesday November 24th 8.50-12.00**
- **Wednesday December 1st 8.50-12.00**

A parent information session will be held for all new families in the lead up to these transition visits. Additionally, please feel free to contact Chris Zunis or Dani Samuel with regards to transition to school.

Physical distancing at school drop off and pick up

Parents are reminded to wear a mask & maintain the 1.5m physical distance between themselves and other adults at ALL times, including during drop off and pick up.



OSHC News

The Governing Council would like to advise the community of a vacancy in our OSCH service for a Permanent Part-time Qualified staff member. Please contact Julie Hayward julie.hayward983@schools.sa.edu.au for a copy of the advertisement and Job and Person Specification if you are interested in applying. Applications close 8th November 2021.

Gulfview Heights Now Has Its Own App!



Skoolbag
Smartphone school to parent communication

Skoolbag is a mobile App for your school to communicate directly to both parents and students. It works through both smart phones and smart devices (such as iPads and Android Tablets). Ideal for:

- > School, free push notification alerts
- > School events
- > School newsletters
- > School documents
- > School RSS feeds
- > School social media (Facebook, Twitter)

Skoolbag delivers school notices directly to parents and students

You can install the app on your phone or tablet device by following these instructions:



For iPhone and iPad users:

1. Click the "App Store" icon on your Apple device.
2. Type your school name in the search, using suburb name will help.
3. If iPhone, you will see your school appear, click "Free" then "Install".
4. If iPad, change the drop list to "iPhone Apps", your school will then be visible, click "Free" then "Install".
5. When installed click "Open"
6. Select "OK" to receive push notifications, when asked.
7. Click the "More" button on the bottom right of the App, then "Setup".
8. Toggle on the Push Categories that are applicable for you.



For Android users:

You must first have signed up with a Google Account before installing the app.

1. Click the "Play Store" button on your Android Device
2. Click the magnifying glass icon at the top and type in your school name, using suburb name will help.
3. Click the school name when it appears in the search.
4. Click the "Install" button.
5. Click "Accept" for various permissions (please note, we do not modify any of your personal data on your device).
6. Click "Open" when installed.
7. Click the "More" button on the bottom right of the App, then "Setup".
8. Toggle on the Push Categories that are applicable for you

Pupil Free Day
Monday 25th Oct
(OSHC is available on this day)

Book Club



Issue 7 Book Club orders
are due back on
Thursday 28th October



Community Noticeboard

KIDS YOGA

Salisbury East Neighbourhood Centre



Wednesday's 4 pm - 4.30 pm
\$4.50
28 Smith Rd, Salisbury East

Liberman Kindergarten

41 Liberman Road, Para Hills 5096

Ph: 8264 1550

Call to Book a Tour



SESSIONAL PRESCHOOL

Tuesday 9:00am-3:00pm

Wednesday 9:00am-3:00pm

Thursday 9:00am-12:00pm

Vacancies now available

If your child turns 4 before 1st May

Enrol now for 2022



GOLDEN GROVE
CENTRAL DISTRICTS
BASEBALL CLUB

DODGERS T-BALL

This season, we are offering an U/8 and U/10 program, boys and girls inclusive.

There will 12 games starting 29 October 2021 until 25 February 2022 from 6-7pm on Friday nights at Illyarrie Reserve, Surrey Downs.

Two Pre-season Come'n'Try days to be held on Monday the 18th and Friday the 22nd of October from 6-7pm.

Cost \$150, \$20 refundable uniform deposit, team photo and insurance. \$100 SA Sports Voucher is accepted if eligible.

Contact T-Ball Co-ordinator Bob Neiswander on 0402 068 738 or ozwander42@gmail.com, or visit www.ggedbaseball.com.au/t-ball to register.



SALISBURY HEIGHTS PRESCHOOL are now taking enrolments. If your child eligible to start preschool please contact us.

Phone: 08) 8281 7293 Email: dl.2670.leaders@schools.sa.edu.au Address: 5-9 Stanford Road Salisbury Heights SA 5109 website: <https://salisburyhpre.sa.edu.au/>

YEAR 5 CAMP – WOODHOUSE

Year 5's had a memorable camp experience through our shared love of the outdoors, encouraging others and immersing ourselves into an action packed, 3 day camp experience. Check out some of the activities we conquered below!





Gulfview Heights Primary School

"WORKING TOGETHER TO REALISE NEW HORIZONS"

39 Endeavour Blvd, Gulfview Heights SA

Uniform Shop Order Form

Ph: (08) 0250 9359 Fax: (08) 0231 5639 Web: www.glyphs.sa.edu.au Email: canteen.glyphs603@schools.sa.edu.au

Childs Name		Class Teacher			
Product	Circle Size	Cost Per Item	No. Ordered	Total Cost	
	Tracksuit Jacket	4, 6, 8, 10, 12, 14	\$36.00		
		S, M, L, XL, 2XL, 3XL	\$39.00		
	Tracksuit Pants	6, 8, 10, 12, 14	\$25.00		
		S, M, L, XL, 2XL	\$29.00		
	Polo Short Sleeve	4, 6, 8, 10, 12, 14, 16	\$23.00		
		S, M, L, XL, 2XL	\$27.00		
	Jumper Hoodie	4, 6, 8, 10, 12, 14	\$30.00		
		S, M, L, XL	\$34.00		
	Shorts Cool Dry <small>(Longer/Basketball style)</small>	6, 8, 10, 12, 14	\$22.00		
		S, M, L, XL	\$25.00		
	Shorts Microfibre	6, 8, 10, 12, 14	\$23.00		
		S, M, L, XL	\$25.00		
	Legionnaires Hat	Bucket Hat S-M OR L-XL	\$15.00		
		Legionnaires Hat One Size Fits All	\$15.00		
	School Bag	N/A	\$48.00		
	Iron On Logo	Library Bag	\$11.00		
		Iron On Logo	\$2.00		
				Total Cost	
<input type="checkbox"/>	QKR - Receipt No. _____				
<input type="checkbox"/>	Eftpos Payment Over Phone				
<input type="checkbox"/>	I authorise Gulfview Heights Primary School to draw the above (Total Cost) on my credit card				
Payments may also be made in person when the Uniform Shop is open					
Name of card holder:			Visa/MC		
Card No:					
Expiry Date:			Signature:		

Uniform Shop Opening Times: Tues/Thurs Only 8:30am-9:30am & 2:30pm-3:30pm
Location: Behind Canteen Entrance
Payment must be made when ordering
How to order: Uniform Shop, Qkr App, Email (as above), send with Child for classroom pocket

Gulfview Heights Primary School Canteen Menu 2021



Orders can be made via the QKR! app

*Basic Salad includes – lettuce, tomato, cucumber, carrot, cheese

**Extra salad includes – beetroot, gherkin, pickle onion, mayo – 40c each



	Sandwich	Roll	Wrap
G Chicken / Ham / Tuna only	\$3.40	\$3.90	\$3.90
G Chicken / Ham / Tuna + cheese	\$3.70	\$4.20	\$4.20
G Chicken / Ham / Tuna + salad *	\$4.20	\$4.70	\$4.70
G Cheese only	\$3.00	\$3.50	\$3.50
G Salad + cheese	\$3.80	\$4.30	\$4.30
G Vegemite / Strawberry jam	\$2.50	\$2.80	
** Toasted extra **	50c		
A Toasted ham + cheese + tomato	\$4.40		
A Chicken tender (2) / Fish finger (3)		\$3.50	\$3.50
A Chicken tender (2) / Fish finger (3) lettuce + mayo <u>or</u> aioli <u>or</u> tartar		\$4.00	\$4.00

SALAD BOX	Basic *	Extra **
Salad + cheese	\$4.00	\$4.80
Chicken, Ham or Tuna + salad	\$4.50	\$5.30
Salad dressing		
French or Italian	50c	

HOT FOOD	
A Meat pie / Potato pie / Pasty (sauce 30c)	\$4.00
A Jnr Snack Pie / Sausage Roll (sauce 30c)	\$3.50
A Potato Gems (10)	\$1.50
A Chick Nuggets / Spring roll / Fish Finger	70c ea
A Chicken Tender – Plain / Sweet Chilli	1.50c ea
A Fish Fillet burger – lettuce + tartar <u>or</u> Mayo	\$4.00
A Hot Dog – Plain (Vegetarian available)	\$3.50
A Hot Dog – tomato or BBQ (Vegetarian available) (mustard / butter – 20c each extra)	\$3.70
A Hot Dog – cheese (Vegetarian available)	\$3.80
A Hot Dog – cheese + sauce (Vegetarian available)	\$4.00
A Hot Ham + Cheese roll	\$4.00
A Hot Chicken + mayo <u>or</u> Chicken + cheese roll	\$4.00
A Chicken burger – Plain	\$3.80
A Chicken burger – tomato or BBQ	\$4.00
A Chicken burger – cheese <u>or</u> mayo <u>or</u> aioli	\$4.20
A Chicken burger – lettuce + mayo + tomato (pineapple/cheese – 50c each extra)	\$4.50
G Macaroni cheese / Spaghetti bolognaise	\$4.20
G Fried rice	\$4.20
G Corn cob (half)	80c

HOT FOOD	
G Hot Potato – buttered/ add cheese- .50c	\$2.20
G Hot Potato – Baked beans <u>or</u> spaghetti	\$3.00
G Hot Potato – Hawaiian <u>or</u> Bolognaise	\$4.20
G Garlic bread	\$2.50
G Garlic bread (half)	\$1.40
A Wedges	\$3.80
A Nachos – mild salsa <u>or</u> bolognaise	\$3.80
A McCains Pizza – Hawaiian / Bacon & cheese	\$3.50
**Tomato / BBQ sauce sachet	30c
**Sweet chilli <u>or</u> sour cream <u>or</u> tartar	40c
**Sweet chilli + sour cream	60c

DRINKS	
G Spring water 600ml	\$2.00
A Nippy milk – choc/straw/honey	\$2.00
A Focus water – Raspberry / blackcurrant lemonade / fruit tingle	\$2.00
A Nippy juice – OJ / apple / apple & blackcurrant	\$2.00

***HALF HOT DOGS – HALF FULL PRICE ***VEGETARIAN HOT DOG AVAILABLE

RECESS & LUNCH ONLY – ICE BLOCKS NOT AVAILABLE IN ORDERS

SNACKS	
G Popcorn	50c
A JJ's – salt & vinegar, chicken	\$1.20
A Grain waves / Jumpy's	\$1.20
A Red rock	\$1.20
A Jelly cup	70c
A Apricot Balls	10c
A Oreos	50c
A Ovaltines	\$1.00

FROZEN PRODUCTS	
A Icy twist / Callipo	\$1.20
A Moosie	\$1.00
A Frozen OJ	\$1.00
A Paddle pop	\$1.50
A Zing	80c
A Vanilla cup	\$1.00
A Ice mony / T.N.T	\$1.00
A Jelly Stix	20c

G = GREEN – BEST CHOICE A = AMBER – OCCASIONAL CHOICE